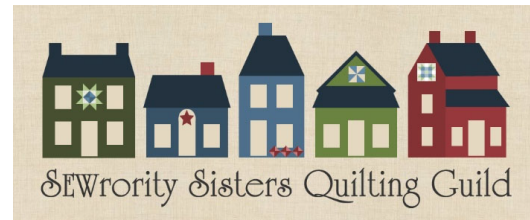


What Do I Need to Bring to Retreat?



Tools and Supplies

Sewing Machine (serviced and in good working order)

¼" foot and other attachments

appropriate power cords and foot pedal

extension table (if you typically use one)

operating manual (just in case you have a 'hiccup')

power strip/surge protector

Basic sewing/quilting supplies – be sure to **label/mark** all your tools.

Thread, extra bobbins, bobbin winder, needles, pins

Rotary cutter(s) and replacement blades, scissors, seam ripper

Extra machine needles, hand sewing needles

Cutting mat, rulers/templates

Portable Task Light – don't forget your task light if you typically use one at home. Our meeting/work room has high ceilings. You can never have too much light when sewing.

SMALL iron and ironing surface for your work area – Full size irons **cannot** be used at your work area. Small portable irons are provided they are not a vintage iron. We will set up two full-size ironing boards with full size irons around the perimeter of the room for all to use. Please let me know if you are willing to bring a large ironing board and full-size iron.

Projects – bring more than one project to work on. If you hit a snag or get bored, you can move on to another project. A hand sewing project is also great to have on hand in case you want to stitch and chat. It's better to have too much to work on than be finished with all the projects you've brought. I see this happen at **every** retreat. Bring enough to fill 4 days of sewing time!

Cushion(s) for your chair or your own chair

Food, Beverages, & Snacks

- Insulated tumbler/cup (with lid) to prevent spills. Water, ice, and coffee (+decaf) will be available in our work area. Other beverages must be provided by you...bottled water, drinks, lemonade, etc. There are no vending machines.
- Bring your favorite quilting snack! Anything you like... we will share on a snack table.
- There is a small refrigerator.. A large ice machine is in the Upper Room where we will be sewing.

Attire/Personal

- Casual attire – wear comfortable clothes and shoes. The temperature of the room will never suit everyone, so be prepared. Bring a light jacket or vest. The room may be too cool or too warm for you. Add or remove a layer to stay comfortable.
- Your favorite pillow and quilt for a good night's rest.
- Reading Glasses
- There are walking paths, so bring walking shoes, sunglasses, hat, etc. if you think you might take a stroll.
- Please leave your scented body products at home. Many in our group suffer from migraines that are triggered by perfume, scented lotions/oils, etc.

Other

- **Your name tag**
- **I C E Forms** – Don't forget to bring your "in case of emergency" forms. Seal one in an envelope to be placed under your sewing machine. The other can be left in your room. Hopefully, we will not need to use them. But emergency contact information must be readily available should you become ill.
- 5 fat quarters – for a fun game on Friday night (if you wish to participate).
- One or more 12-½ block in fall colors for a drawing of the blocks submitted. One chance per block submitted. Make it at the retreat or bring it already sewn. You can use any pattern, and we will have a drawing for the blocks on Sunday morning. You may go home with a set of blocks ready to be set together as a quilt!
- If you have any quilt/sewing related items you would like to **sell, share (give away) or swap**, we will have designated tables for those items. Mark with your name and price.
- If you would like to do a **demonstration** for the group, don't forget all the supplies needed. Let me know so that I can announce it to the group.
- **Music** – If you wish to listen to music as you sew, headphones/earbuds are **required** as everyone does not enjoy the same music.
- **Flashlight** – Bring a small, bright flashlight (LED is great) to help after dark since there are steps, curbs, and sloping pavement around the center.
- **Umbrella** – check the weather... you may need it.

PLEASE LEAVE THE FOLLOWING AT HOME

Perfumes, scented products, etc. MANY people are allergic/sensitive to perfumes or scented lotions/body washes/oils. Please be considerate of others and forego ALL scented products during our retreat.

Retreat contact information for your family in the event they need to contact you while you are at FFA-FCCLA Retreat Center 720 FFA FHA Camp Rd Covington, GA 30014. 770-786-6926. Please be sure to share these numbers with your family.